

The following are notes taken from an article written by Renate Long-Breipohl that arose from a lecture given at the Vital Years Conference in Sydney, Australia in July 2003. This lecture marked the end of a conference for educators with a look at issues on the modern child.

There has been a new phenomenon of change in children recently documented in several books. These books include *The Indigo Children* by Jan Tober and Lee Carroll, *Millennial Child* by Eugene Schwartz, *Star Children* by George Kuehlewind, *War Michel aus Loennenberga aufmerksamkeitsgestoert?* (Did Michale of Loenneberga have ADHD?) by Henning Koehler, and Sigfried Woitinas's book *Who Are The Indigo Children?* All of these publications deal with the question of whether there is an observable evolutionary change in this new generation of children, or are we observing the result of damage caused by growing up under the conditions of our time? Koehler and others suggest that, rather than concluding that half of the children today are seriously disturbed, it may be the case that we do not have the right way of looking at these children and dealing with them.

The consciousness of this child is extraordinarily different from the consciousness of most people today. However, there is general agreement in all the books mentioned that the main characteristic of these children is a change toward a more extended consciousness. It appears to be developed far beyond their age and beyond the consciousness of the average person today.

Changes in the brain structure are identified and new faculties are observed in children side by side with the loss of others. These phenomena are much discussed in recent psychological educational publications.

It has been suggested that children who seem spiritually advanced often have spiritually interested parents so that the inclination of the parents reappears in the child. Studies have proven this is often not the case which makes it even more difficult for both the parent and child.

Whether the children are Star Children or Indigo Children there are certain similarities in the characteristics observed. Below is a compilation of the attributes found in the publications:

Their gaze is deep, serious, often wise at birth. Later on this gaze can turn into a look of utter defiance. They say "I" early, often as early as 18 months, and display an early consciousness of self; they know about their spiritual origin and about their task, and often appear to others as overly self confident or even arrogant. They seem to look through people and comment on their hidden thoughts and feelings. They are interested in evil at an early age and react to lies or false pretense. They accept some people immediately, others not at all. They often choose as friends only children of a similar kind. They want to discuss things and be involved in decision making and want to be respected with their opinion. They respond positively to truthfulness in relationships. Some have a

great social awareness and we may be surprised at their unexpected, deep remarks. They reject rituals, especially those that are empty and meaningless. They express great determination at an early age and are not easily distracted from what they want. They are only attentive to what interests them. They reject guidance and authority and refuse the logical, orderly, planned approach to action. They reject toys and invent their own. They show an abundance of energy and often have difficulty controlling their



Sven @ age 10

movement and action. They appear to be fearless and unaware of danger. They appear to resist currently used methods of education and punishment. They appear to participate in suffering from general stress in society, as do all children today, such as the hectic lifestyle, the coldness, the general mood of fear and anxiety, and the competition. They seem to show unusual developmental profiles, for in some areas they are advanced beyond their age, while in other areas, such as in their lower senses, they are substantially behind.

Recent findings indicate that many newborn babies do not sleep anymore for as long periods as it used to be. Many neonates are alert and awake for extended periods right after birth. The newborn communicates and imitates immediately, babies make eye contact, they imitate from day one.

One could perceive, for example, that the strong wish of many children today is to do everything by themselves. Because they can't as yet, one witnesses all of the frustration this causes. It is not strange that the child cannot discriminate between their knowing much in the spiritual world and not knowing as much here on earth. They will

overestimate themselves in relation to learning in life on earth, because they remember the spiritual wisdom of which they were a part. And if an adult cannot acknowledge the spiritual wisdom of the child, then there is a hindrance for the spiritually-conscious child to enter into a relationship of imitation and example with this adult.

George Kuehlewind suggests that we are witnessing the arrival of children that heralds the future and are, at present, meeting environmental and general consciousness that is very much oriented on the past. Koehler witnessed these “unusual” children in his practice over many years. He maintains that it makes a huge difference for the improvement of the condition of such children, if one changes one’s attitude and perspective and starts to look at them as children who are competent in their world but not fitting into the current world.

We have witnessed an increase in the appearance of Indigo Children since the late 1980’s. This would mean that we are witnessing a moving forward of the human being in the realm of will and that there are children who will lead us into the future. They are children who already know what they have to do and who cannot be easily deterred in their ways by pedagogical intervention. They are also children who are overwhelmed by the strength of such will forces rising up within them. At the same time, they are longing to be met with spiritual understanding. This ends the notes taken from the article written by Renate Long-Breipohl.

All of this information is fascinating, exciting and thought provoking. In mainstream society a lot of the behaviors and similarities described in these books are made into new developmental or behavioral classifications or disorders so that the schools can attempt to handle this apparent situation. It is not for us to debate who is right or what label we should use. Our focus is to have these children be comfortable, fully empowered, and highly functioning. We have put together a remedy to help enable Indigo Children to ease into and be more comfortable in their slowed down human body and this foreign dimension.

Indigo Children are extremely sensitive on all levels, much more so than the average person today. Therefore food additives, chemicals, toxins, vaccinations and medications will all have a far more devastating effect. Below is a list of remedies that might be helpful in assisting children, Indigo Children or otherwise to be more comfortable, empowered, and highly functioning and ultimately happy children.

<b>SUMMARY OF REMEDIES</b> (with range of mega bottles needed)	
Indigo Adjustment	2-4

<b>PROBABLE COMPLICATIONS</b> (with range of mega bottles needed)	
Nonverbal Learning Disorder	1-3
PKU	2-5
Vaccination Residues- one or more is commonly required. (See Vaccinations strategy)	
Aspartame (antidote)	1-9
Aspartame 3	1-7
Brain Clear	1-2
Lead (antidote)	1-3
Natural Flavors	2-9
Nogin Deklogin	1-2
Tiger Focus	1