

Skin is one of the most wondrous substances on earth. Below we give (1) skin principles (2) symptoms and (3) known skin conditions.

SKIN PRINCIPLES

- Always treat skin problems from the inside out
- The skin is the largest eliminating organ of the body. What comes through the skin reflects what is inside the body.
- Itching is a sign of stagnation. Either something wants to come out or circulation wants to increase.
- When skin changes color it tells you what kind of changes are under the skin. Black means the blood is stagnant and almost rotting. Blue means the body is not getting enough oxygen. Gray means it is infected with tuberculosis. Green means it has too little iron. Red means the body is overheated (often with toxins) or the blood is infected. Whitish means the body is losing blood. Yellow usually means bile wants to come out. These colors have little to do with the natural skin color of the subject.
- Skin mottles, sags and wrinkles with intestine, liver and blood deterioration.

SUMMARY OF REMEDIES
 (with range of mega bottles needed)

Anthrax	2-3
Artery Lung Tangle	2-3
Basal Cell Atrophy	4-5
Basal Cell Carcinoma	3-5
Basiloma Complex	4-5
Blood Healer	
Red Blood Cells	2-3
Blood/Organ Fungus	1-2
Cellulits 05	4-5
Cellulitis 09	4-5
Cerebral Malaria	2-3
Chicken Pox Spine	3-5
Coxsackie A19	1-2
Critter Be Gone	2
Dracunculiasis	1-2
Eczema	3-4
Erwina A	1-3
Erwina C	1-3
Exercise Wind	2-3
Finger Fissures	4-5
Haemolytic Myeloma	4-5
Hepatitis A	1-2
Hepatitis B	1-2
Hepatitis C	1-2
Herpes Oral	4-5
Hives	3-4
Hookworm A	1-2
Hookworm I	1-2
Intestinal Cheesecloth	5-6

SUMMARY OF REMEDIES cont'd
 (with range of mega bottles needed)

Intradermal Carcinoma	
Complex	4-5
Iron Little	2-3
Kaposi's Sarcoma	2-3
Keratosis Actinic	4-5
Keratosis Follicularis	4-5
Malaria	2-4
Melanoma	4-5
Memory Scars	4-5
M.E.N. VI	4-5
Multiple Myeloma	4-5
Neurodermatitis	3-5
Pityriasis Rosea	2-4
Psoriasis	4-5
Red Spots	4-5
Rosacea	3-4
Scar Tissue	3-8
Sebaceous Adenoma	3-4
Seborrheic Basal Ketatosis	4-5
Seborrheic Dermatitis	4-5
Seborrheic Keratosis	4-5
Squamous Cell Carcinoma	4-5
Staph	1-2
Strep	1-2
Strep FE	5-7
TB Enzymes	4-5
Tuberculinum Rickets	3-4
Tuberculinum Scurvy	3-4
Thrombus	4-5
Yellow Fever	1-2

SYMPTOMS

Blackening – Can mean **Kaposi's Sarcoma** or something like gangrene, where there are multiple infections in stagnant blood and the blood is rotting along with the skin it is in.

Blueness – Signifying lack of oxygen is usually accompanied by blueness in the fingernails. If it comes on very fast we should suspect that something is caught in the windpipe. It could also be a blood clot. Blot clot type remedies are **Erwina A, Erwina C, Thrombus, Critter Be Gone**. We should learn emergency methods for the advent of quickly appearing blueness. If blueness comes and goes with more coming than going, the lungs are having trouble. All the remedies under the title of Asthma and Emphysema could be useful. Generally the trouble with blueness is that not enough blood is getting to the lungs from the heart. **Exercise Wind** and **Artery Lung Tangle** are good candidates.

Grayness – Is almost tricky to detect. It is almost a feeling of grey more than an identifiable color. We see it before death on many people and most of those people have a tuberculosis infection which gives the grey color. We call TB in the blood the wings of metastasization. **TB Enzymes** is the general remedy.

Greeness – Is rare. Chlorosis is the old medical name, rarely used now, for an inherited deficiency of iron/ferritin absorption. We call the remedy **Iron Little**.

Itching - Comes from several organs. General itching can either come from the gall bladder or the kidneys. Gall bladder infections or diseases usually carry no swelling with the itching. Kidney infections or diseases usually carry swelling in the feet, or knees or hands –sometimes all. Itchiness all over, especially the back after a shower, tells you of a tuberculosis infection in the skin even though the skin may not have a gray cast. Use **TB Enzymes**.

Redness – When it comes from overheating there is usually obvious sweat. Adrenals, especially **M.E.N. VI** (with retrovirus and **Coxsackie B6**) cause overheating with profuse sweating. There are other issues from the thermal control center of the hypothalamus that may create overheating with flushing. Red blotches, wheals and scaliness tell us of toxins trying to leave. General redness usually tells of toxins trying to come out. Blushing is a spleen issue tied to emotional beliefs.

Whitish – Means there has been a sudden loss of blood, as in a car accident. Iron anemia, blood anemia, blood infections, internal bleeding and parasites can cause the color. Treponema (bacteria) of red blood cells can subtract color and reduce self confidence. Remedy name is **Blood Healer Red Blood Cells**. Dracunculiasis is a guinea worm most known in a specific band of Africa as a guinea worm. It can make black people look ashen and white people look alabaster. In all cases it also causes a loss of self confidence. Remedies are either **Dracunculiasis** or **Critter Be Gone**. Hookworm can eat up to a half a cup of blood a day and make someone whitish and anemic. Remedy is either **Hookworm A, Hookworm I** or **Critter Be Gone**. People who have **Multiple Myeloma** (see bone remedy protocol) or **Haemolytic Myeloma** are only slightly whitish. Internal bleeding, intestinal bleeding or excessive menstrual bleeding can make people whitish. Remedies are covered in other sections.

Yellowness – Usually tells us about the liver and gall bladder where bile is made. The conditions usually turn the whites of the eyes slightly yellow as well. **Yellow Fever** is the name given to a mosquito-carried hemorrhagic fever that, strangely enough, turns the skin yellow. Fevers come from the liver so other fevers can also make a yellow color. **Malaria** can make the skin yellow, but **Cerebral Malaria** does not. **Hepatitis A, Hepatitis B** and sometimes **Hepatitis C** (see separate protocol) can make a yellow color. Liver or gall bladder diseases can also produce yellowness.

KNOWN SKIN CONDITIONS

Acne – Is started with porphyrin malabsorption and the remedy name is **Intestinal Cheesecloth**. The blemishes show up with a complication of the condition and the remedy is called **Sebaceous Adenoma** (needs a retrovirus). It was Hanna Kroeger who identified that if the remedies have a red cast, there is a complicating **Strep** infection. If the blemishes have a blue cast, there is a complicating **Staph** infection.

Basal Cell Carcinoma – is most known as a skin condition usually on the face. **Basal Cell Carcinoma**, sometimes with a retrovirus (**Basiloma Complex**) clears it if it is the only condition. We should remember that basal cells are also inside the body and can be irritated to carcinoma by many conditions. For instance, it is the leading cause of clitoral cancer. Another condition, **Basal Cell Atrophy** should be checked on the inside or outside skin. Basal Cell and Squamous Cell often appear on inside organs as complications to other issues.

Cellulitis Is seen as a pitting of the skin accentuating the normal subdermal fat of the skin. **Cellulitis 09** was designed to supplement **Cellulitis 05** which was designed for the most common form of cellulites.

Eczema – Is a familiar name that is over used. The remedy **Eczema** will clear the conditions that actually are that inherited condition. However, many will use that name for any skin eruption not knowing how specific the condition is. We suggest that the accuracy of the problem be measured on a scale of 1 to 100, with 100 meaning it is exactly correct. Many times you will find the accuracy is 0, which means the term was used inaccurately.

Fissures - In finger tips is not uncommon. We made the remedy **Finger Fissures** only to find it is not the only cause. Experience leads us to a condition in the intestines that also causes it, but we haven't identified this other cause.

Flesh-eating Strep – Is a condition where a special variety of strep virtually eats away skin and muscle. We call the remedy **Strep FE**.

KNOWN SKIN CONDITIONS- continued

Herpes is another term used too loosely. It can either be oral herpes (use **Herpes Oral**) or genital herpes (see Genital Herpes Protocol). In actuality the term is used in science as a specific form of virus such as Epstein Barr or Cytomegalovirus which have no skin outbreak. Sometimes breakouts in the genital area are some other kind of infection which is covered under Genital Herpes Protocol. On the lips it can be **Coxsackie A1** through **9** with **Coxsackie A3** and **A9** being the most common. **Coxsackie A19** (hoof and mouth disease) and **Anthrax** can also look like oral herpes.

Hives – Is another term used too loosely. This is a specific kind of inherited condition for which we use the remedy **Hives**. We suggest that the accuracy of the problem be measured on a scale of 1 to 100, with 100 meaning it is exactly correct. Many times you will find the accuracy is 0, which means the term was used inaccurately.

Intradermal Carcinoma Complex - Also called Bowen's Disease. An inherited skin, epidermal, intra organ wall and mucous membrane Squamous cell carcinoma disease with a radiation and papilloma herpes base. It has a predisposition for exposed outer skin and genitals. Plaque may develop as thick skin (especially in genitals); as brownish, thick plaque on limbs; or red skin with yellow crusted plaque. Internally, where it is not well known, it may develop as systemic cancer. For some there is auxiliary crease redness and itchiness. We often see this as a base cause for many types of skin growths starting simultaneously.

Keratosis Actinic – Use the remedy by the same name. The condition is described as a sharply outlined, usually skin colored or reddish, flat or elevated verrucous or keratotic growth which may bulge and may give rise to squamous cell carcinomas.

Keratosis Follicularis – Use remedy by same name. The condition is described as a slowly progressive keratinization/papules that range from tan to skin colored. They may become crusted and secondarily infected. The lesions may eventually become darker plus form papillomatous, warty, malodorous growths.

KNOWN SKIN CONDITIONS- continued

Melanoma – Are dark, almost black skin growths that can appear anywhere on the outside or inside of the body. Often a retrovirus is needed with the remedy. Use the remedy by the same name.

Neurodermatitis – An itchy skin disorder that makes you want to scratch so much that the skin surface breaks. It is most concentrated on exposed skin (like face), is usually reddish and resembles eczema. Use the remedy by the same name.

Petechia – Are described as a pinpoint, non-raised perfectly round, purplish red spot caused by intradermal or submucous hemorrhage. The disease that causes these we call **Red Spots**. More commonly petechia represents a spleen condition and this is not the right remedy.

Pimples – There are many temporary causes of these little, round, raised skin growths. We designed **Tuberculinum Ricketts** for the kind that follow exposure to the sun. Sometimes itchy pimples filled with fluid appear on fingers and/or toes. It is commonly a fungus infection complicated by a bacteria. Use **Blood/Organ Fungus** with **Staph**.

Pityriasis Rosea – Use the remedy by the same name. Slightly scaling pink macular rash starts in one area and progresses as a diffuse rash along line of the folds of the skin. Often on the face, but commonly on unexposed areas of skin.

Psoriasis – Use the remedy by the same name. Scaly, thick crusty patches often on joints that become whitish overlays to the skin. Can appear anywhere. The term is inaccurately used often for lack of more detailed vocabulary. We suggest that the accuracy of the problem be measured on a scale of 1 to 100, with 100 meaning it is exactly correct. Many times you will find the accuracy is 0, which means the term was used inaccurately.

KNOWN SKIN CONDITIONS- continued

Rosacea – This is usually seen on the face as a ruddy, reddish rash on the cheeks, chin and other parts of the skin. This is an inherited condition and we use the remedy, **Rosacea**. If the outbreak resembles a butterfly super-imposed on the face, it is more a reflection of the disease, Lupus (remedy protocol outlined elsewhere).

Scar Tissue – The remedy, **Scar Tissue**, is designed to return scar tissue very close to its original appearance. It works for external and internal scars. There is also a remedy called **Memory Scars** designed for the special kind of “scar tissue” that appears on the inside of brains. According to Dr. Hammer’s research these scars represent unresolved emotional events in our lives and correlate by location in the brain to cancer locations in the body. The research suggests that if the memory scars are erased, the cause of the cancer will be erased. We see this remedy as research in support of Dr. Hammer’s research.

Seborrheic Dermatitis – A chronic inflammatory disease of the skin characterized by moderate erythema, dry, moist or greasy scaling and yellow crusted patches around the face, ears, suborbital regions, umbilicus, genitals and especially around the scalp where it causes excessive dandruff. Considerable itching usually accompanies the condition. Use the remedy by the same name.

Seborrheic Basal Ketatosis - Seborrheic areas are scalp, face, chest, back, axila and groin. These are common, benign, non-invasive tumors based on basaloid cells sometimes presenting as soft, friable plaques with slight to pronounced pigmentation. Sometimes they present in crops. Use the remedy by the same name. A similar remedy is **Seborrheic Keratosis** for growths that look like warts but are not warts.

Shingles – Are painful, itchy eruptions that come and go until antidoted. They are caused by Chicken Pox in the spine, so we call the remedy **Chicken Pox Spine**. This eruption can be inside as well as on the outside skin. When they are in the eyes or brain we advise taking the remedy very conservatively in the first few weeks to make the healing comfortable. The mold we call chocolate is a major irritant to the condition.

KNOWN SKIN CONDITIONS- continued

Squamous Cell Carcinoma – Is one of the more common skin conditions called a cancer. The condition looks like scabs on the outside. (**Tuberculinum Scurvy** is designed for a similar looking condition on the skin). Use the remedy by the same name. This is the leading cause of penile cancer. Squamous Cell and Basal Cell often appear on inside organs as complications to other issues.

Sun Rashes Are usually caused by tuberculosis in the skin. Use **TB Enzymes**. The same infection makes the skin itchy after exposure to water. If the rash appears as a butterfly super-imposed over the face, it is often the sign of the Tuberculinum-based disease, Lupus (protocol shown elsewhere).

Tuberculinum Scurvy – Looks like a skin cancer usually prompted by sun exposure. Use the remedy by the same name. By appearance this resembles Basal Cell Carcinoma or Squamous Cell Carcinoma.