

JOINTS deteriorate for different reasons. Below are solutions we've found so far. We have previously described Arthritis in its many forms. Each form of arthritis ties into joints. There are many academic ways to describe how joints work . . . or not. We have chosen to leave out most of the technical language and irreverently describe the issue in lay terms.

CLASS PICTURE

Gout is mentioned under arthritis because it is sometimes mistaken for general arthritis. It is an inflammation around the big toe joint. We generally look to the kidneys as the source of gout because most of the pain comes from the uric acid crystals produced by kidneys. Generally other kidney diseases spark this and make this inherited condition worse.

Bunions are caused by an inflammation of the bursa (sack around the joint). Like Gout, it is also an inherited disease. **Bunyun** is used to take away the cause of the inflammation and because most of the cause is miasmatic, the remedy aims to take away the cause for the rest of the subject's life.

KNEE JOINTS are the most common complaint we hear. There is an expression that is a good guideline. "Whenever there are knee problems look to kidneys." Just as bunions and gout seem to have some major part of their pain source in kidneys, so do the knees. **Polycystic Kidney Disease** with its common companion, **Pyelitis** have been a major source of knee problems. There are a multitude of Kidney disease remedies that may also be helpful.

On a more short range basis, the kidney remedies, **Kidney Left** (for infections) and **Kidney Right** (for metal toxicity) are designed to be light cleansers of the kidneys based on food or drink. **Kidney Stones** has also been useful, although it is important to find the source affliction that causes the kidneys to make stones so that the issue does not return. The herbal approach of parsley tea has also been helpful for relief of knee problems.

When the knee becomes infected, whether by kidney disease or knee injury, other infections can easily set in. **Protozoa Family** is a combination made for the onset of one of nature's recyclers, a parasite. The parasite infection will make the knee swell, especially around the full moon or when eating protozoa's favorite food, night shade plants (potatoes, tomatoes, egg plant or peppers). Long-term problems will attract other bacterial infections and possibly dry out the synovial fluid. **Restore Synovial Fluid** may become the final touch to full knee health.

We mentioned under arthritis and Osteoporosis that the decay of the epiphyseal cells in the knobby bones leading to the knees is often felt as knee joint problems. The remedy is **Knee Knobs**.

SUMMARY OF REMEDIES
 (with range mega of bottles needed)

GOUT	3-4
BUNYUN	4-5
KIDNEY LEFT	1-2
KIDNEY RIGHT	1-2
KIDNEY STONES	2-3
KNEE KNOBS	4-5
POLYCYSTIC KIDNEY DISEASE	3-4
PYELITIS	3-4
PROTOZOA FAMILY	1-2
RESTORE SYNOVIAL FLUID	2-3
ROTATOR CUFFS	4-6
TRICHINOSIS	1-2
TETANUS ENCEPHALITIS	1-2

CLASS PICTURE

CLASS PICTURE

SHOULDER JOINTS very commonly give problems, but often from different sources than the knee.

The same source of problem from the epiphyseal cells is covered under the remedy **Rotator Cuffs**.

The shoulders are more muscular and often are sore because of muscle problems. The cause of "frozen shoulder" is **Trichinosis**. The person has trouble lifting their arms and the effort is painful. The same kind of pain is present in Lyme Disease and the protocol is listed under "Lyme Disease".

Frequently there are "referred pains" from a stiffness of the neck. Usually a stiff neck is caused by hormonal difficulties and the hormonal answers will take away the neck/shoulder pain as a desired "side effect".

The shoulder can be painful all the way to the elbow with **Tetanus Encephalitis**, a bacterial infection that starts at nerves around the 1st to the 3rd thoracic (back bones near the neck). A pain in a similar area is felt with Carpel Tunnel Syndrome which is caused by emotional tightness in the same three back bones.

Don't forget that shoulder pains can often foretell a heart attack. If the pain goes down the left shoulder to the little finger, the issue is most likely the heart. (push on the thumb meat of the left hand). If the pain goes down the left shoulder to the pointer finger, the issue is gas. If the pain is in the right shoulder then the pain is in the valves of the heart.

HIP JOINTS are second to knee problems as common joint problems. In arthritis we mentioned **Pagets, Epiphyseal Regeneration** and **Dry Bones** as common arthritic solutions. They are also common joint solutions.

Hip joints are often included as pains when the back bones are out of place. Since sciatic pains often run through the hips, there is a question if the hip joints are out of place. Most commonly sciatica is solved by chiropractic adjustments and those kinds of hip joint problems go away with the adjustment.

DISC pains range from damaged or herniated discs to "slipped discs". The most common culprit we find to why discs slip or herniate lies with an infection of tuberculosis. Tuberculosis is a bacteria that will infect many places before it goes to the lungs. It is common for a tuberculosis infection to start in the nerves of the teeth, migrate to the bone and then spread from bone marrow to cartilage and then discs. Because of the peculiar nature of Tuberculosis we use specific remedies for each location of a bone nature. **Teeth Tuberculosis, TB Bone Marrow, TB Bone, TB Cartilage, and TB Discs** are the base remedies. We frequently find as ancillary infections either **Staph Aureus #3** or **Staph Aureus #4** or **Staph Aureus #5**. Usually when these infections are taken away, the disc can repair itself.

Frequently discs have been originally damaged by an accident or by the bones being out of place. A disc can rarely heal if the bones are out of place, so we often recommend that a chiropractor help to keep the spinal alignment while the disc is healing.

Usually there are bone infections that weaken the pathway to discs. Discs seem to heal better if the bone infections are removed.

Joint Pain Look-Alike The condition **Neuropathic Arthropathy** is a recognized condition in science. The formula for the vibrations of the cause of the symptoms tells us it is not spawned the way science hypothecates. It so mimics joint pains and arthritis that we have put this entry in both sections.

SUMMARY OF REMEDIES

(with range of mega bottles needed)

DRY BONES	6-8
EPIPHYSEAL REGENERATION	4-6
PAGET'S	3-4

Staph Aureus #3	1-2
Staph Aureus #4	1-2
Staph Aureus #5	1-2
TB Synovial Fluid	2-3
TB Group Human	3-4

NEUROGENIC ARTHROPATHY	3-4
-------------------------------	------------

CLASS PICTURE

CLASS PICTURE